



ICCGE 2017-2018

# Nom : Dig Your Heels

Chorégraphe : Maddison Glover (AUS) October 2016  
 Contact : madpuggy@hotmail.com  
 Compte :52 Murs :4 Niveau : Phrased Intermediate  
 Musique : Here's To You & I - The McClymonts  
 Album : Here's To You & I  
 Danse soumise par: **Inter-Clubs Country du Grand Est**

**Dance begins after count 16**

**Sequence: A, B, A, A, A, A, B, A,A,A,TAG, TAG+, A,A,TAG**

## Part A: 32 counts

### **A1: Kick Front, Side, Sailor, Kick Front, Side, ¼ Coaster**

1-2-3&4 Kick R fwd, kick R to R side, step R behind L, step L to L side, step R slightly to R  
 5-6-7 Kick L fwd, kick L to L side, step L back whilst beginning to turn ¼ L,  
 &8 Complete ¼ turn L by stepping R beside L, step L slightly fwd (9:00)

### **A2: Shuffle Forward x2, Rock/Replace, Full Turn Travelling Back**

1&2-3&4 Step R fwd, step L together, step R fwd, step L fwd, step R together, step L fwd  
 5-6 Rock R fwd, replace weight back onto L  
 7-8 Make ½ turn over R stepping R fwd, make ½ turn over R stepping back on L (9:00)

### **A3: ¼ Side Shuffle, Cross, Back, Side Shuffle Back on Diagonal, Cross, Side**

1&2 Turn ¼ R stepping R to R side, step L together, step R to R side (angle shoulders R 12:00)  
 3-4 Cross L over R, step R back onto R diagonal,  
 5&6 Step L back on L diagonal (angle shoulders towards 10:30), step R together, step back on L diagonal  
 7-8 Still facing (10:30): Cross R over L, square up to (12:00) by stepping L to L side

### **A4: Sailor, Turning Coaster, Point Forward, ½ Flick, Walk Forward x2**

1&2 Step R behind L, step L to L side, step R slightly to R  
 3&4 Step L back beginning to turn ¼ L, Complete ¼ turn L by stepping R beside L, step L slightly fwd (9:00)  
 5-6 Point R fwd, flick R behind as you make ½ turn over L (pivot on ball of L foot) (3:00)  
 7-8 Walk Fwd: R, L

## Part B: 20 counts

### **B1: Nightclub occurs TWICE throughout the dance, both beginning on and ending facing 3:00.**

#### **Fwd (sweep), Front, Side, Behind (sweep), Behind, Side, Cross, Side, Rock, Cross, ½ Hinge**

1 Step R fwd as you sweep L around clock-wise  
 2&3 Cross L over R, step R to R side, step L behind R as you sweep R around clockwise  
 4&5 Step R behind L, step L to L side, cross R over L  
 6&7 Rock L to L side, replace weight onto R, cross L over R,  
 8& Turn ¼ L stepping back on R, turn ¼ L stepping L to L side (9:00)

#### **B2: Repeat the above '8& counts' 1-8 1,2&3,4&5,6&7,8&**

#### **B3: Cross, Back, Side, Hop Forward**

1-4 Cross R over L, step back on L, Step R to R side, hop fwd with both feet 3:00

#### **#16 Count Tag: Whenever they sing "Dig Your Heels"**

#### **TS1: Heel, Hitch, Heel, Together, Heel, Hitch, Heel, Together, ½ Turn Walk Around**

1&2& Touch R heel fwd, slightly hitch R knee up, touch R heel fwd, step R together  
 3&4& Touch L heel fwd, slightly hitch L knee up, touch L heel fwd, step L together  
 5-6-7-8 Making ½ Arc over L: Walk R, L, R, L (Clap on each step) "clap your hands and make a sound"

#### **TS2: Box Step, Travelling Dwight Swivels**

1-2-3-4 Cross R over L, step back on L, step R to R side, cross L over R (6:00)  
 5-6 Touch R toe besides L whilst turning R knee in towards L knee, touch R heel fwd on R diagonal  
 7-8 Touch R toe besides L whilst turning R knee in towards L knee, touch R heel fwd on R diagonal

**Note: The above 4 counts are completed slightly travelling right.**

**Alternative for the swivels: R side, L together, R side, L together.**

When completing the Tag for the second time, add an extra 4 Dwight swivels "come here boy and kiss my lips"